

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: ZOLA

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Delissen Kim HEADCOACH

Coaches: Asselman Jasper

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY MEN 15+

Heat:1, starttime: 08:57

Heat: 1/12 Lane : 2 Athlete: COGURCU ARDA

Q-time: 01:05:21

PB (50m pool): 01:05.21 Sportoase De Watermolen 24/05/2026 PB (25m pool): 01:08.43 SB: 01:05.21 Sportoase De Watermolen 24/05/2026

	5 0 M	1 0 0 M	
PB	00:30.46	01:05.21	
	00:30.46	00:34.75	
			

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+

Heat:10, starttime: 09:11

Heat: 10/12 Lane : 7 Athlete: HOROVYI MYKYTA

Q-time: 00:58:19

PB (50m pool): 00:58.19 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 00:58.37 SB: 00:58.19 Lago Gent Rozebroeken 03/05/2026

	5 0 M	1 0 0 M	
PB	00:27.01	00:58.19	
	00:27.01	00:31.18	
			

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+

Heat:3, starttime: 10:16

Heat: 3/9 Lane : 3 Athlete: VANDE SOMPELE JITS

Q-time: 02:56:48

PB (50m pool): 02:56.48 Antwerpen 19/04/2026 PB (25m pool): 03:02.50 SB: 02:56.48 Antwerpen 19/04/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.62	01:25.76	02:11.69	02:56.48	
	00:40.62	00:45.14	00:45.93	00:44.79	
					

Coach feedback:

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Event number: 10: 50M FREESTYLE MEN 15+										Heat:9, starttime: 12:09				
Heat: 9/15 Lane : 2 Athlete: HOROVYI MYKYTA										Q-time: 00:25:24				
PB (50m pool): 00:25.24 Antwerpen 19/04/2026										PB (25m pool): 00:25.22 SB: 00:25.24 Antwerpen 19/04/2026				
	5 0 M													
PB	00:25.24													
	00:25.24													
														

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED 15+						Heat:1, starttime: 12:16		
Heat: 1/5 Lane : 3 Athlete: TEAM ZOLA 2						Q-time: 05:09:16		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED 15+						Heat:2, starttime: 12:21		
Heat: 2/5 Lane : 7 Athlete: TEAM ZOLA 1						Q-time: 04:47:30		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: